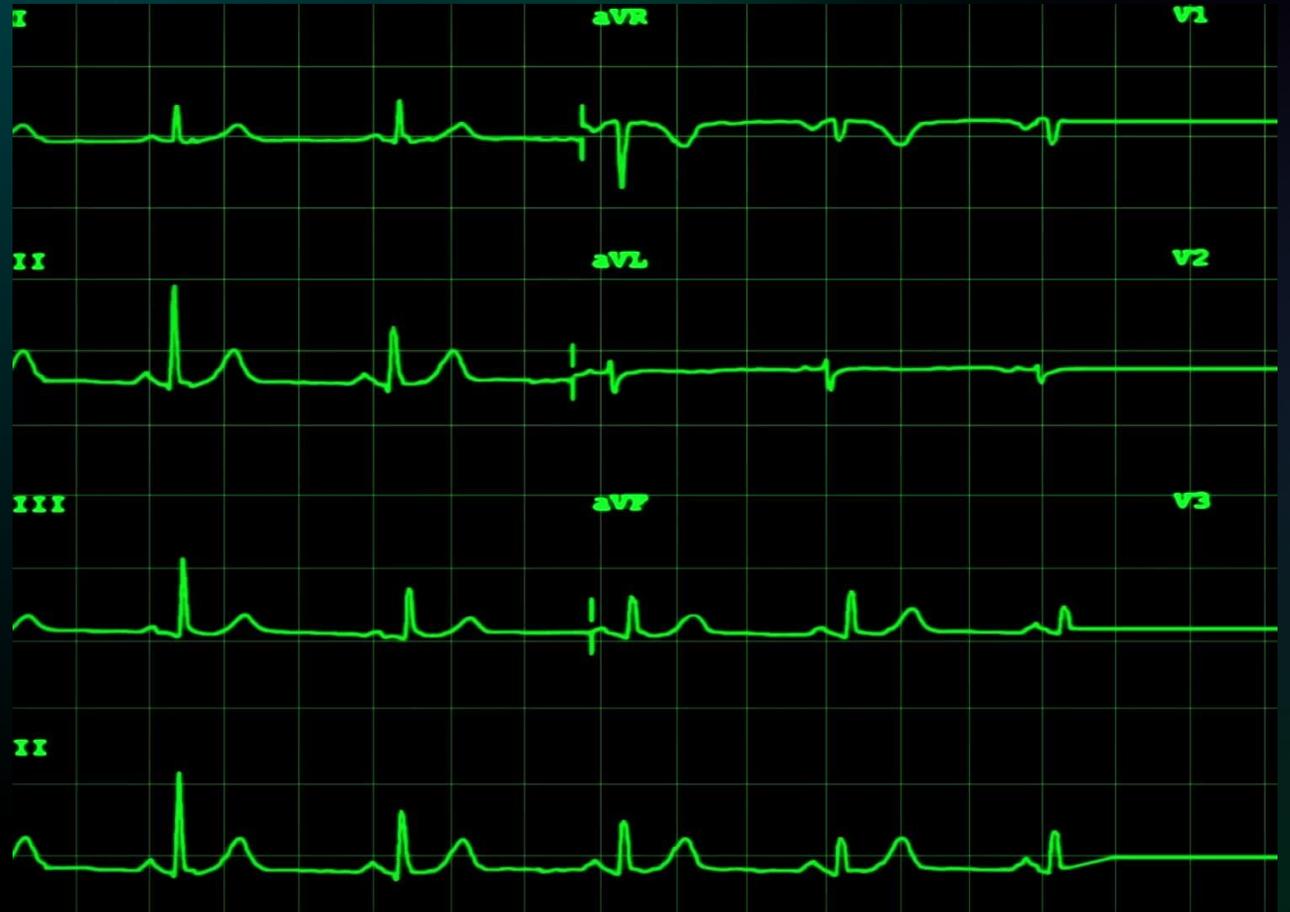


# Broken Heart Syndrome



When is a “heart attack”, not a  
“heart attack?”

.

# Answer !

When it looks like an octopus trap?

HUH ?

# My qualifications.

- 1. All the information in this presentation is public.
- 2. I am not, nor will I become a medical professional.
- 3. Why am I talking about it?

# Today, we are going to learn about “Broken Heart Syndrome”.

- 1. What is it?
- 2. What are the symptoms?
- 3. Where can I find out more?
- 4. How does an “octopus trap” relate to “Broken Heart Syndrome”?
- 5. Why is this important to Seniors?

# What is “Broken Heart Syndrome”

- It is also known as “cardiomyopathy”.

a condition characterized by sudden dysfunction of

“Apanesembling those of a heart attack but occurring  
disease.

## did you know?

[didyouknowblog.com](http://didyouknowblog.com)

Broken Heart Syndrome is a real medical condition brought on by tragedy or shock, and it feels like a heart attack. A surge of stress hormones causes a temporary disruption in your heart's normal pumping function, giving you chest pain and shortness of breath.



Photo Credit: photobucket

[didyouknowblog.com](http://didyouknowblog.com)

# What are the symptoms?

- Sudden, severe chest pains.
- Shortness of breath.
- Weakening of the left ventricle of the heart.
- Fluid in the lungs.
- Irregular heartbeats.
- Low blood pressure.

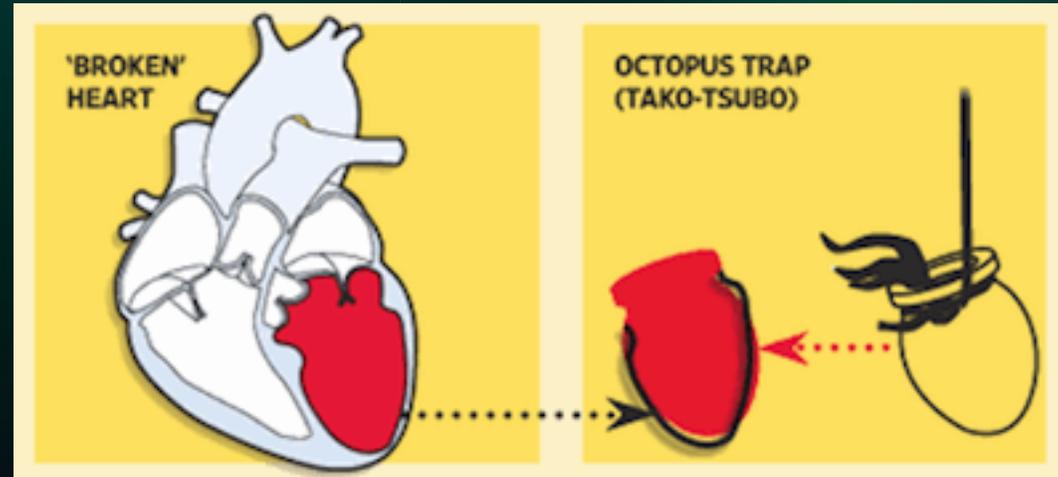
# Where can you find out more information?

- Currently, three major medical institutions are studying this cardiomyopathy;
- 1. Cedar-Sinai Medical Center
- Dr. Noel Bairey Merz (310) 423 2077
- 2. Johns Hopkins Medical
- Dr. Kavita Sharma (443 997 0270)
- 3. The Cleveland Clinic
- Dr. Edward Soltesz (216 444 5680)

# “Broken Heart Syndrome” is also known as “takotsubo cardiomyopathy”

- Doctors in Japan were the first group to study this disease. They studied the hearts of patients and, when cardiomyopathy was present, the heart “bowed” into the shape of an “octopus trap”. Thus, the name stuck.

# Takotsubo Cardiomyopathy



# Why is the knowing about “Broken Heart Syndrome” important?

- 1. Medical research has shown that over 50% of the cases are of women.
- 2. During the height of the pandemic, many seniors were locked away from friends and family. This was done for their own protection, but it had the unintended consequence of bring on an increase of “Broken Heart Syndrome”.

# What can you do to help a senior with signs of “Broken Heart Syndrome”?

- 1. Know that “Broken Heart Syndrome” is real.
- 2. Know the symptoms to look for.
- 3. Know who to contact.

# What to remember about “Broken Heart Syndrome”?

- It is a real condition!
- If you think a person is showing signs, please contact;
  1. Cedar Sinai Hospital (310) 423 2077
  2. John Hopkins University (443) 997 0270
  3. The Cleveland Clinic (216) 444 5680

# What Never to forget about “Broken Heart Syndrome”!

- A PERSON SIMPLY “GIVES UP ON LIVING”.